

Próba 1 - Maksymalny obrót w wyskoku

Punkty	Wynik
1	261.83
2	271.32
3	280.80
4	290.29
5	299.78
6	309.27
7	318.76
8	328.25
9	337.74
10	347.23
11	356.71
12	366.20
13	375.69
14	385.18
15	394.67
16	404.16
17	413.65
18	423.14
19	432.62
20	442.11
21	451.60
22	461.09
23	470.58
24	480.07
25	489.56
26	499.05
27	508.53
28	518.02
29	527.51
30	537.00
31	546.49
32	555.98
33	565.47

Punkty	Wynik
34	574.96
35	584.44
36	593.93
37	603.42
38	612.91
39	622.40
40	631.89
41	641.38
42	650.87
43	660.35
44	669.84
45	679.33
46	688.82
47	698.31
48	707.80
49	717.29
50	726.78
51	736.26
52	745.75
53	755.24
54	764.73
55	774.22
56	783.71
57	793.20
58	802.69
59	812.17
60	821.66
61	831.15
62	840.64
63	850.13
64	859.82
65	869.11
66	878.60

Punkty	Wynik
67	888.08
68	897.57
69	907.06
70	916.55
71	926.04
72	935.53
73	945.02
74	954.51
75	963.99
76	973.48
77	982.97
78	992.46
79	1001.95
80	1011.44
81	1020.93
82	1030.42
83	1039.90
84	1049.39
85	1058.88
86	1068.37
87	1077.86
88	1087.35
89	1096.84
90	1106.33
91	1115.81
92	1125.30
93	1134.79
94	1144.28
95	1153.77
96	1163.26
97	1172.75
98	1182.23
99	1191.72
100	1201.21

Próba 2 - Koperta

Punkty	Wynik
1	32.89
2	32.72
3	32.56
4	32.40
5	32.24
6	32.07
7	31.91
8	31.75
9	31.58
10	31.42
11	31.26
12	31.09
13	30.93
14	30.77
15	30.60
16	30.44
17	30.28
18	30.11
19	29.95
20	29.79
21	29.62
22	29.46
23	29.30
24	29.13
25	28.97
26	28.81
27	28.64
28	28.48
29	28.32
30	28.15
31	27.99
32	27.83
33	27.66

Punkty	Wynik
34	27.50
35	27.34
36	27.17
37	27.01
38	26.85
39	26.68
40	26.52
41	26.36
42	26.19
43	26.03
44	25.87
45	25.70
46	25.54
47	25.38
48	25.21
49	25.05
50	24.89
51	24.72
52	24.56
53	24.40
54	24.23
55	24.07
56	23.91
57	23.74
58	23.58
59	23.42
60	23.25
61	23.09
62	22.93
63	22.76
64	22.60
65	22.44
66	22.27

Punkty	Wynik
67	22.11
68	21.95
69	21.78
70	21.62
71	21.46
72	21.29
73	21.13
74	20.97
75	20.80
76	20.64
77	20.48
78	20.31
79	20.15
80	19.99
81	19.83
82	19.66
83	19.50
84	19.34
85	19.17
86	19.01
87	18.85
88	18.68
89	18.52
90	18.36
91	18.19
92	18.03
93	17.87
94	17.70
95	17.54
96	17.38
97	17.21
98	17.05
99	16.89
100	16.72

Próba 3 - Bieg z przewrotami

Punkty	Wynik
1	16.79
2	16.70
3	16.62
4	16.53
5	16.44
6	16.36
7	16.27
8	16.18
9	16.10
10	16.01
11	15.93
12	15.84
13	15.75
14	15.67
15	15.58
16	15.49
17	15.41
18	15.32
19	15.24
20	15.15
21	15.06
22	14.98
23	14.89
24	14.81
25	14.72
26	14.63
27	14.55
28	14.46
29	14.37
30	14.29
31	14.20
32	14.12
33	14.03

Punkty	Wynik
34	13.94
35	13.86
36	13.77
37	13.68
38	13.60
39	13.51
40	13.43
41	13.34
42	13.25
43	13.17
44	13.08
45	12.99
46	12.91
47	12.82
48	12.74
49	12.65
50	12.56
51	12.48
52	12.39
53	12.31
54	12.22
55	12.13
56	12.05
57	11.96
58	11.87
59	11.79
60	11.70
61	11.62
62	11.53
63	11.44
64	11.36
65	11.27
66	11.18

Punkty	Wynik
67	11.10
68	11.01
69	10.93
70	10.84
71	10.75
72	10.67
73	10.58
74	10.49
75	10.41
76	10.32
77	10.24
78	10.15
79	10.06
80	9.98
81	9.89
82	9.81
83	9.72
84	9.63
85	9.55
86	9.46
87	9.37
88	9.29
89	9.20
90	9.12
91	9.03
92	8.94
93	8.86
94	8.77
95	8.68
96	8.60
97	8.51
98	8.43
99	8.34
100	8.25

Próba 4 - Podciąganie się na drążku

Punkty	Wynik
30	1.14
31	2.02
32	2.89
33	3.77
34	4.65
35	5.53
36	6.40
37	7.28
38	8.16
39	9.04
40	9.92
41	10.79
42	11.67
43	12.55
44	13.43
45	14.30
46	15.18
47	16.06
48	16.94
49	17.81
50	18.69
51	19.57
52	20.45

Punkty	Wynik
53	21.33
54	22.20
55	23.08
56	23.96
57	24.84
58	25.71
59	26.59
60	27.47
61	28.35
62	29.22
63	30.10
64	30.98
65	31.86
66	32.74
67	33.61
68	34.49
69	35.37
70	36.25
71	37.12
72	38.00
73	38.88
74	39.76
75	40.63
76	41.51

Punkty	Wynik
77	42.39
78	43.27
79	44.15
80	45.02
81	45.90
82	46.78
83	47.66
84	48.53
85	49.41
86	50.29
87	51.17
88	52.04
89	52.92
90	53.80
91	54.68
92	55.56
93	56.43
94	57.31
95	58.19
96	59.07
97	59.94
98	60.82
99	61.70
100	62.58

Próba 5 - Uginanie i prostowanie ramion w podporze

Punkty	Wynik
23	0.71
24	1.78
25	2.85
26	3.92
27	5.00
28	6.07
29	7.14
30	8.21
31	9.28
32	10.35
33	11.43
34	12.50
35	13.57
36	14.64
37	15.71
38	16.78
39	17.86
40	18.93
41	20.00
42	21.07
43	22.14
44	23.21
45	24.29
46	25.36
47	26.43
48	27.50

Punkty	Wynik
49	28.57
50	29.64
51	30.72
52	31.79
53	32.86
54	33.93
55	35.00
56	36.07
57	37.15
58	38.22
59	39.29
60	40.36
61	41.43
62	42.50
63	43.58
64	44.65
65	45.72
66	46.79
67	47.86
68	48.93
69	50.01
70	51.08
71	52.15
72	53.22
73	54.29
74	55.36

Punkty	Wynik
75	56.44
76	57.51
77	58.58
78	59.65
79	60.72
80	61.79
81	62.87
82	63.94
83	65.01
84	66.08
85	67.15
86	68.23
87	69.30
88	70.37
89	71.44
90	72.51
91	73.58
92	74.66
93	75.73
94	76.80
95	77.87
96	78.94
97	80.01
98	81.09
99	82.16
100	83.23

Próba 6 - Wyciskanie maks. ciężaru leżąc

Punkty	Wynik
6	0.36
7	2.43
8	4.51
9	6.59
10	8.66
11	10.74
12	12.81
13	14.89
14	16.96
15	19.04
16	21.12
17	23.19
18	25.27
19	27.34
20	29.42
21	31.49
22	33.57
23	35.65
24	37.72
25	39.80
26	41.87
27	43.95
28	46.03
29	48.10
30	50.18
31	52.25
32	54.33
33	56.40
34	58.48
35	60.56
36	62.63

Punkty	Wynik
37	64.71
38	66.78
39	68.86
40	70.93
41	73.01
42	75.09
43	77.16
44	79.24
45	81.31
46	83.39
47	85.47
48	87.54
49	89.62
50	91.69
51	93.77
52	95.84
53	97.92
54	100.00
55	102.07
56	104.15
57	106.22
58	108.30
59	110.38
60	112.45
61	114.53
62	116.60
63	118.68
64	120.75
65	122.83
66	124.91
67	126.98
68	129.06

Punkty	Wynik
69	131.13
70	133.21
71	135.28
72	137.36
73	139.44
74	141.51
75	143.59
76	145.66
77	147.74
78	149.82
79	151.89
80	153.97
81	156.04
82	158.12
83	160.19
84	162.27
85	164.35
86	166.42
87	168.50
88	170.57
89	172.65
90	174.72
91	176.80
92	178.88
93	180.95
94	183.03
95	185.10
96	187.18
97	189.26
98	191.33
99	193.41
100	195.48

Próba 7 - Skreśoskłony

Punkty	Wynik
32	0.49
33	1.41
34	2.34
35	3.27
36	4.20
37	5.13
38	6.05
39	6.98
40	7.91
41	8.84
42	9.76
43	10.69
44	11.62
45	12.55
46	13.48
47	14.40
48	15.33
49	16.26
50	17.19
51	18.12
52	19.04
53	19.97
54	20.90
55	21.83
56	22.76
57	23.68
58	24.61
59	25.54
60	26.47
61	27.40
62	28.32
63	29.25
64	30.18
65	31.11

Punkty	Wynik
66	32.04
67	32.96
68	33.89
69	34.82
70	35.75
71	36.68
72	37.60
73	38.53
74	39.46
75	40.39
76	41.31
77	42.24
78	43.17
79	44.10
80	45.03
81	45.95
82	46.88
83	47.81
84	48.74
85	49.67
86	50.59
87	51.52
88	52.45
89	53.38
90	54.31
91	55.23
92	56.16
93	57.09
94	58.02
95	58.95
96	59.87
97	60.80
98	61.73
99	62.66
100	63.59

Próba 8 - Rwanie maks. ciężaru na pierś

Punkty	Wynik
5	0.94
6	2.36
7	3.78
8	5.21
9	6.63
10	8.06
11	9.48
12	10.91
13	12.33
14	13.75
15	15.18
16	16.60
17	18.03
18	19.45
19	20.88
20	22.30
21	23.73
22	25.15
23	26.57
24	28.00
25	29.42
26	30.85
27	32.27
28	33.70
29	35.12
30	36.54
31	37.97
32	39.39
33	40.82
34	42.24
35	43.67
36	45.09

Punkty	Wynik
37	46.52
38	47.94
39	49.36
40	50.79
41	52.21
42	53.64
43	55.06
44	56.49
45	57.91
46	59.33
47	60.76
48	62.18
49	63.61
50	65.03
51	66.46
52	67.88
53	69.31
54	70.73
55	72.15
56	73.58
57	75.00
58	76.43
59	77.85
60	79.28
61	80.70
62	82.13
63	83.55
64	84.97
65	86.40
66	87.82
67	89.25
68	90.67

Punkty	Wynik
69	92.10
70	93.52
71	94.94
72	96.37
73	97.79
74	99.22
75	100.64
76	102.07
77	103.49
78	104.92
79	106.34
80	107.76
81	109.19
82	110.61
83	112.04
84	113.46
85	114.89
86	116.31
87	117.73
88	119.16
89	120.58
90	122.01
91	123.43
92	124.86
93	126.28
94	127.71
95	129.13
96	130.55
97	131.98
98	133.40
99	134.83
100	136.25

Próba 9 - Zarzut maks. ciężaru na piers

Punkty	Wynik
1	0.49
2	2.36
3	4.24
4	6.12
5	7.99
6	9.87
7	11.75
8	13.63
9	15.50
10	17.38
11	19.26
12	21.14
13	23.01
14	24.89
15	26.77
16	28.65
17	30.52
18	32.40
19	34.28
20	36.16
21	38.03
22	39.91
23	41.79
24	43.67
25	45.54
26	47.42
27	49.30
28	51.18
29	53.05
30	54.93
31	56.81
32	58.68
33	60.56

Punkty	Wynik
34	62.44
35	64.32
36	66.19
37	68.07
38	69.95
39	71.83
40	73.70
41	75.58
42	77.46
43	79.34
44	81.21
45	83.09
46	84.97
47	86.85
48	88.72
49	90.60
50	92.48
51	94.36
52	96.23
53	98.11
54	99.99
55	101.87
56	103.74
57	105.62
58	107.50
59	109.38
60	111.25
61	113.13
62	115.01
63	116.88
64	118.76
65	120.64
66	122.52

Punkty	Wynik
67	124.39
68	126.27
69	128.15
70	130.03
71	131.90
72	133.78
73	135.66
74	137.54
75	139.41
76	141.29
77	143.17
78	145.05
79	146.92
80	148.80
81	150.68
82	152.56
83	154.43
84	156.31
85	158.19
86	160.07
87	161.94
88	163.82
89	165.70
90	167.57
91	169.45
92	171.33
93	173.21
94	175.08
95	176.96
96	178.84
97	180.72
98	182.59
99	184.47
100	186.35

Próba 10 - Przysiad z maks. ciężarem

Punkty	Wynik	Punkty	Wynik	Punkty	Wynik
8	0.17	39	89.75	70	179.33
9	3.06	40	92.64	71	182.22
10	5.95	41	95.53	72	185.11
11	8.84	42	98.42	73	188.00
12	11.73	43	101.31	74	190.89
13	14.62	44	104.20	75	193.78
14	17.51	45	107.09	76	196.67
15	20.40	46	109.98	77	199.56
16	23.29	47	112.87	78	202.45
17	26.18	48	115.76	79	205.34
18	29.07	49	118.65	80	208.23
19	31.96	50	121.54	81	211.12
20	34.85	51	124.43	82	214.01
21	37.74	52	127.32	83	216.90
22	40.63	53	130.21	84	219.79
23	43.52	54	133.10	85	222.68
24	46.41	55	135.99	86	225.57
25	49.30	56	138.88	87	228.46
26	52.19	57	141.77	88	231.35
27	55.08	58	144.66	89	234.24
28	57.97	59	147.55	90	237.13
29	60.86	60	150.44	91	240.02
30	63.75	61	153.33	92	242.91
31	66.63	62	156.22	93	245.80
32	69.52	63	159.10	94	248.68
33	72.41	64	161.99	95	251.57
34	75.30	65	164.88	96	254.46
35	78.19	66	167.77	97	257.35
36	81.08	67	170.66	98	260.24
37	83.97	68	173.55	99	263.13
38	86.86	69	176.44	100	266.02

Próba 11 - Maksymalny wyskok

Punkty	Wynik
1	13.15
2	14.00
3	14.85
4	15.69
5	16.54
6	17.38
7	18.23
8	19.08
9	19.92
10	20.77
11	21.61
12	22.46
13	23.31
14	24.15
15	25.00
16	25.84
17	26.69
18	27.53
19	28.38
20	29.23
21	30.07
22	30.92
23	31.76
24	32.61
25	33.46
26	34.30
27	35.15
28	35.99
29	36.84
30	37.69
31	38.53
32	39.38
33	40.22

Punkty	Wynik
34	41.07
35	41.91
36	42.76
37	43.61
38	44.45
39	45.30
40	46.14
41	46.99
42	47.84
43	48.68
44	49.53
45	50.37
46	51.22
47	52.07
48	52.91
49	53.76
50	54.60
51	55.45
52	56.29
53	57.14
54	57.99
55	58.83
56	59.68
57	60.52
58	61.37
59	62.22
60	63.06
61	63.91
62	64.75
63	65.60
64	66.44
65	67.29
66	68.14

Punkty	Wynik
67	68.98
68	69.83
69	70.67
70	71.52
71	72.37
72	73.21
73	74.06
74	74.90
75	75.75
76	76.60
77	77.44
78	78.29
79	79.13
80	79.98
81	80.82
82	81.67
83	82.52
84	83.36
85	84.21
86	85.05
87	85.90
88	86.75
89	87.59
90	88.44
91	89.28
92	90.13
93	90.98
94	91.82
95	92.67
96	93.51
97	94.36
98	95.20
99	96.05
100	96.90

Próba 12 - Bieg na 30 m

Punkty	Wynik	Punkty	Wynik	Punkty	Wynik
1	4.84	34	4.08	67	3.32
2	4.82	35	4.06	68	3.30
3	4.79	36	4.03	69	3.27
4	4.77	37	4.01	70	3.25
5	4.75	38	3.99	71	3.23
6	4.72	39	3.96	72	3.20
7	4.70	40	3.94	73	3.18
8	4.68	41	3.92	74	3.16
9	4.66	42	3.90	75	3.13
10	4.63	43	3.87	76	3.11
11	4.61	44	3.85	77	3.09
12	4.59	45	3.83	78	3.07
13	4.56	46	3.80	79	3.04
14	4.54	47	3.78	80	3.02
15	4.52	48	3.76	81	3.00
16	4.49	49	3.73	82	2.97
17	4.47	50	3.71	83	2.95
18	4.45	51	3.69	84	2.93
19	4.43	52	3.66	85	2.90
20	4.40	53	3.64	86	2.88
21	4.38	54	3.62	87	2.86
22	4.36	55	3.60	88	2.83
23	4.33	56	3.57	89	2.81
24	4.31	57	3.55	90	2.79
25	4.29	58	3.53	91	2.77
26	4.26	59	3.50	92	2.74
27	4.24	60	3.48	93	2.72
28	4.22	61	3.46	94	2.70
29	4.19	62	3.43	95	2.67
30	4.17	63	3.41	96	2.65
31	4.15	64	3.39	97	2.63
32	4.13	65	3.36	98	2.60
33	4.10	66	3.34	99	2.58
				100	2.56

Próba 13 - Bieg na 1000 m

Punkty	Wynik
1	337.45
2	334.87
3	332.28
4	329.70
5	327.11
6	324.53
7	321.94
8	319.36
9	316.77
10	314.19
11	311.60
12	309.02
13	306.43
14	303.85
15	301.26
16	298.68
17	296.09
18	293.51
19	290.92
20	288.34
21	285.75
22	283.17
23	280.58
24	278.00
25	275.41
26	272.83
27	270.24
28	267.66
29	265.07
30	262.49
31	259.90
32	257.31
33	254.73

Punkty	Wynik
34	252.14
35	249.56
36	246.97
37	244.39
38	241.80
39	239.22
40	236.63
41	234.05
42	231.46
43	228.88
44	226.29
45	223.71
46	221.12
47	218.54
48	215.95
49	213.37
50	210.78
51	208.20
52	205.61
53	203.03
54	200.44
55	197.86
56	195.27
57	192.69
58	190.10
59	187.52
60	184.93
61	182.35
62	179.76
63	177.18
64	174.59
65	172.01
66	169.42

Punkty	Wynik
67	166.84
68	164.25
69	161.67
70	159.08
71	156.50
72	153.91
73	151.33
74	148.74
75	146.16
76	143.57
77	140.99
78	138.40
79	135.82
80	133.23
81	130.64
82	128.06
83	125.47
84	122.89
85	120.30
86	117.72
87	115.13
88	112.55
89	109.96
90	107.38
91	104.79
92	102.21
93	99.62
94	97.04
95	94.45
96	91.87
97	89.28
98	86.70
99	84.11
100	81.53

Próba 14 - Skłon do tyłu

Punkty	Wynik
1	13.72
2	14.52
3	15.31
4	16.11
5	16.90
6	17.70
7	18.49
8	19.29
9	20.08
10	20.88
11	21.67
12	22.47
13	23.27
14	24.06
15	24.86
16	25.65
17	26.45
18	27.24
19	28.04
20	28.83
21	29.63
22	30.42
23	31.22
24	32.02
25	32.81
26	33.61
27	34.40
28	35.20
29	35.99
30	36.79
31	37.58
32	38.38
33	39.17

Punkty	Wynik
34	39.97
35	40.76
36	41.56
37	42.36
38	43.15
39	43.95
40	44.74
41	45.54
42	46.33
43	47.13
44	47.92
45	48.72
46	49.51
47	50.31
48	51.11
49	51.90
50	52.70
51	53.49
52	54.29
53	55.08
54	55.88
55	56.67
56	57.47
57	58.26
58	59.06
59	59.85
60	60.65
61	61.45
62	62.24
63	63.04
64	63.83
65	64.63
66	65.42

Punkty	Wynik
67	66.22
68	67.01
69	67.81
70	68.60
71	69.40
72	70.20
73	70.99
74	71.79
75	72.58
76	73.38
77	74.17
78	74.97
79	75.76
80	76.56
81	77.35
82	78.15
83	78.95
84	79.74
85	80.54
86	81.33
87	82.13
88	82.92
89	83.72
90	84.51
91	85.31
92	86.10
93	86.90
94	87.69
95	88.49
96	89.29
97	90.08
98	90.88
99	91.67
100	92.47